

## **Guidelines for Parents/Carers to assist your Child this Season**

- 1. By joining the Flinders Netball Club you have agreed to the 'Codes of Behaviour' and read the 'Information Pack' for Players and Parents, available from <a href="mailto:flindersnetballclub@gmail.com">flindersnetballclub@gmail.com</a>.
- 2. Make sure you have the contact numbers for your child's coach and manager at hand.

Communicate with them whenever there is an issue regarding your child. Give plenty of notice if your child is going to be absent from training or the Saturday game. Our volunteer coaches spend lots of time preparing for training and games. It is important we value their time.

## Training:

- **3. Training is a time for learning and commitment to the team.** Listening to the coach is very important. Attendance is also very important. Do not let your teammates down; be there and be committed.
- 4. Arrive at training on time with appropriate training gear, ready to train. Bring water.
- 5. **Make sure you are on time to pick up your child**. It is not appropriate to expect the coach or manager to have to wait for your arrival.

## Games:

- **6.** Only the coach is to give directions to players during the game. Parents/carers are asked not to direct or give advice to players during the game. Make sure your child goes to meet the coach during the quarter and halftime breaks do not distract them by having them come to you.
- **7. Communicate properly**. If there is a problem, speak to the manager, coach or a club committee member. Be aware that parents/carers should never approach or make comments directed to SCNA officials. **Negative comments about another player, coach or official are not appropriate.** It is very important that YOU set the example in this area and correct your child if necessary.
- **8. DON'T STRESS**. This is not the Professional League; it's about having fun and enjoying netball. By remaining calm and demonstrating a positive attitude at all times you are setting a good example and teaching your child an invaluable lesson.
- **9. HAVE FUN**. Get to know the other supporters. Sit together and create a fun and exciting atmosphere for your children and their teams.
- **10. Encourage and support all players**, not just your child or your child's team. Support the opposition as well.
- **11. Praise your child's efforts.** Make an effort to find something positive to say to your child after every game. "I just love watching you play" says it all. Remember every little bit of positive reinforcement will help boost your child's self-esteem and confidence.